

WHAT YOU NEED TO KNOW ABOUT AN ABA THERAPY PRESCRIPTION



ABA Therapy Basics

What Is ABA Therapy? (Applied Behavior Analysis)

Each child with an Autism Spectrum Disorder (ASD) learns differently. The goal of an ABA Therapy program is to empower the child to learn and reach their full potential. Every ABA Therapy program designed at ABS Kids is customized to meet the unique needs of the individual.

ABA Therapy is the only treatment for ASD designated as medically necessary and is proven to improve functioning across all skill areas.

How Often Is ABA Therapy Performed?



Each child has unique needs. The number of ABA Therapy hours prescribed will vary based on the child's age and areas of need. The child's ABA Therapy prescription is established through the Behavior Analyst's assessment of medical necessity before the onset of ABA Therapy and at 6-month intervals.

What Does an ABA Therapy Prescription Look Like?

ABS Kids Behavior Analysts use a Medical Necessity Assessment tool during the initial assessment and re-assessments with every child. This tool helps by assessing areas of need unique to each child. This assessment guides the prescribed number of ABA Therapy hours per week and provides a prescription summary break down based on areas of focus.

About The Patient

The Patient's Customized ABA Therapy Prescription

| <p>Patient A</p>  | <p>Autism Spectrum Level: 3 Level of Support Needed: Requires Substantial Support Behavior: Challenges With Changes In Routine</p> | <p>Comprehensive ABA Recommended</p> <table border="1"><tr><td>Repetitive & Restricted Behaviors</td><td>6 hours</td></tr><tr><td>Communication</td><td>6 hours</td></tr><tr><td>Reinforcer Effectiveness (Response to Treatment)</td><td>6 hours</td></tr><tr><td>Social</td><td>6 hours</td></tr><tr><td>Sensory (Response to Treatment)</td><td>6 hours</td></tr><tr><td colspan="2">Total Recommended Hours: 30 hours / week</td></tr></table> | Repetitive & Restricted Behaviors | 6 hours | Communication | 6 hours | Reinforcer Effectiveness (Response to Treatment) | 6 hours | Social | 6 hours | Sensory (Response to Treatment) | 6 hours | Total Recommended Hours: 30 hours / week | |
|---|--|--|-----------------------------------|---------|---------------|---------|--|---------|--------|---------|---------------------------------|---------|---|--|
| Repetitive & Restricted Behaviors | 6 hours | | | | | | | | | | | | | |
| Communication | 6 hours | | | | | | | | | | | | | |
| Reinforcer Effectiveness (Response to Treatment) | 6 hours | | | | | | | | | | | | | |
| Social | 6 hours | | | | | | | | | | | | | |
| Sensory (Response to Treatment) | 6 hours | | | | | | | | | | | | | |
| Total Recommended Hours: 30 hours / week | | | | | | | | | | | | | | |
| <p>Patient B</p>  | <p>Autism Spectrum Level: 2 Level of Support Needed: Requires Focused / Targeted Support Behavior: Difficulty or Trouble Building Meaningful Relationships.</p> | <p>Comprehensive ABA Recommended</p> <table border="1"><tr><td>Repetitive & Restricted Behaviors</td><td>4 hours</td></tr><tr><td>Communication</td><td>4 hours</td></tr><tr><td>Reinforcer Effectiveness (Response to Treatment)</td><td>4 hours</td></tr><tr><td>Social</td><td>4 hours</td></tr><tr><td>Sensory (Response to Treatment)</td><td>4 hours</td></tr><tr><td colspan="2">Total Recommended Hours: 20 hours / week</td></tr></table> | Repetitive & Restricted Behaviors | 4 hours | Communication | 4 hours | Reinforcer Effectiveness (Response to Treatment) | 4 hours | Social | 4 hours | Sensory (Response to Treatment) | 4 hours | Total Recommended Hours: 20 hours / week | |
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| Total Recommended Hours: 20 hours / week | | | | | | | | | | | | | | |

Maintaining the prescribed ABA treatment hours empowers children with ASD to maximize quality of life and meet their greatest potential.

CONTACT US WITH ANY QUESTIONS!

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