# WHAT YOU NEED TO KNOW ABOUT AN ABA THERAPY PRESCRIPTION



## **ABA Therapy Basics**

## What Is ABA Therapy? (Applied Behavior Analysis)

Each child with an Autism Spectrum Disorder (ASD) learns differently. The goal of an ABA Therapy program is to empower the child to learn and reach their full potential. Every ABA Therapy program designed at ABS Kids is customized to meet the unique needs of the individual.

ABA Therapy is the only treatment for ASD designated as medically necessary and is proven to improve functioning across all skill areas.

## How Often Is ABA Therapy Performed?

Each child has unique needs. The number of ABA Therapy hours prescribed will vary based on the child's age and areas of need. The child's ABA Therapy prescription is established through the Behavior Analyst's assessment of medical necessity before the onset of ABA Therapy and at 6-month intervals.

## What Does an ABA Therapy Prescription Look Like?

ABS Kids Behavior Analysts use a Medical Necessity Assessment tool during the initial assessment and re-assessments with every child. This tool helps by assessing areas of need unique to each child. This assessment quides the prescribed number of ABA Therapy hours per week and provides a prescription summary break down based on areas of focus.

### **About The Patient**

## The Patient's Customized **ABA Therapy Prescription**

## Patient A



Autism Spectrum Level: 3 **Level of Support Needed:** 

Requires Substantial Support

Behavior: Challenges With

Changes In Routine



## Patient B



Autism Spectrum Level: 2 **Level of Support Needed:** 

Requires Focused / Targeted Support

Behavior: Difficulty or Trouble

**Building Meaningful** 

Relationships.

Comprehensive ABA Recommended	
Repetitive & Restricted Behaviors	4 hours
Communication	4 hours
Reinforcer Effectiveness (Response to Treatment)	4 hours
Social	4 hours
Sensory (Response to Treatment)	4 hours

Maintaining the prescribed ABA treatment hours empowers children with ASD to maximize quality of life and meet their greatest potential.